

## Programs & Events

The following represents an example of monthly scheduled programs and events.  
Calendar items are frequently updated to meet resident interest and are subject to change.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
<b>Physician Visits</b> <b>Transportation</b> <b>Every Tuesday,</b> <b>Wednesday, and</b> <b>Thursday</b>  <b>-\$-Fee to</b> <b>Residents</b>		9 am <b>Blood Pressure</b> <b>Screening</b>  1pm <b>Love Your Heart</b>  4 pm <b>TOPS Weight</b> <b>Loss</b>  7pm <b>Movie</b>	9:30 am <b>OASIS</b> <b>Presentation</b> <b>“Character and</b> <b>Fate in Melville” \$</b>  11am <b>Bud Vase</b> <b>Arrangement</b>  1 pm <b>Scrabble</b>  7 pm <b>Mah Jongg</b>	10 am <b>Hearing Loss:</b> <b>an Overview</b>  1 pm <b>Bridge</b>  4 pm <b>Wine &amp; Cheese</b> <b>Party</b>  7:30 pm <b>Poker</b>	10 am <b>Shopping trip to</b> <b>Super Walmart</b>  1 pm <b>Protestant Service</b> <b>of Worship</b>  3 pm <b>Bible Study</b>  4 pm <b>Pub Night</b>  7 pm <b>Movie</b>	1 pm <b>Bridge</b>  7 pm <b>Brahm’s Requiem</b> <b>at Troy Savings</b> <b>Bank Music Hall</b>  7 pm <b>Mah Jongg</b>
6	7	8	9	10	11	12
10:30am <b>Mass</b>  2 pm <b>Pinochle</b>  4 pm <b>Avila Young</b> <b>Artists</b>  6 pm <b>Jubilate Singers</b> <b>and Orchestra</b> <b>Bethlehem</b> <b>Lutheran Church</b>	8:30 am <b>Mass</b>  10 am <b>Grocery Shopping</b> <b>Trip</b>  2 pm <b>Knitting/ Quilting</b> <b>&amp; Sewing</b>  3 pm <b>Contemplation</b> <b>Gathering</b>  7pm <b>Bingo</b>	1 pm <b>Healthy Aging for</b> <b>Seniors</b>  4 pm <b>TOPS Weight</b> <b>Loss</b>  7 pm <b>Movie</b>	9:30 am <b>OASIS</b> <b>Presentation</b> <b>“Character and</b> <b>Fate in Melville” \$</b>  11am <b>Bud Vase</b> <b>Arrangement</b>  1pm <b>Scrabble</b>  2 pm <b>Library Trip</b>  5:15 pm <b>Friendship Table</b> <b>Hosts Ray &amp; Erin</b> <b>Teichman</b>  7 pm <b>Mah Jongg</b>	1 pm <b>Bridge</b>  1 pm <b>Dulcimer</b>  2:15 pm <b>Expressive Arts</b>  4 pm <b>Wine &amp; Cheese</b> <b>Party</b>  5 pm <b>Dinner with the</b> <b>Director</b>  7 pm <b>Songbirds of the</b> <b>Adirondacks</b>  7:30 pm <b>Poker</b>	9 am <b>Turning Stone</b> <b>Trip</b>  3 pm <b>Bible Study</b>  4 pm <b>Pub Night</b>  7 pm <b>Movie</b>	1 pm <b>Little Shop of</b> <b>Horrors at Park</b> <b>Playhouse</b>  1 pm <b>Bridge</b>
13	14	15	16	17	18	19
10:30 am <b>Mass</b>  1:30 pm <b>World Music</b>  2 pm <b>Pinochle</b>  3 pm <b>Sing-A-Long</b>	8:30 am <b>Mass</b>  10 am <b>Grocery Shopping</b> <b>Trip</b>  1 pm <b>Bookmobile</b>  2 pm <b>Knitting/ Quilting</b> <b>&amp; Sewing</b>  3 pm <b>Contemplation</b> <b>Gathering</b>  7 pm <b>Bingo</b>	1:30 pm <b>Book Club</b>  4 pm <b>TOPS Weight</b> <b>Loss</b>  7 pm <b>Movie</b>	9:30 am <b>OASIS</b> <b>Presentation</b> <b>“Character and</b> <b>Fate in Melville” \$</b>  10 am <b>Shopping trip to</b> <b>Super Walmart</b>  11 am <b>Bud Vase</b> <b>Arrangement</b>  1pm <b>Scrabble</b>  7 pm <b>Mah Jongg</b>	1 pm <b>Bridge</b>  4 pm <b>Wine &amp; Cheese</b> <b>Party</b>  7:30 pm <b>Poker</b>	3 pm <b>Bible Study</b>  4 pm <b>Pub Night</b>  7 pm <b>Movie</b>	Passover Begins at Sundown  1 pm <b>Bridge</b>  2 pm <b>Film Club</b>
20	21	22	23	24	25	26
10:30 am <b>Mass</b>  2 pm <b>Pinochle</b>  2 pm <b>Tunes With Tony</b>	8:30 am <b>Mass</b>  10 am <b>Grocery</b>  2 pm <b>Knitting/ Quilting</b> <b>&amp; Sewing</b>  3 pm <b>Contemplation</b> <b>Gathering</b>  7 pm <b>Bingo</b>	4 pm <b>TOPS Weight</b> <b>Loss</b>  7 pm <b>Movie</b>	9:30 am <b>OASIS</b> <b>Presentation</b> <b>“Character and</b> <b>Fate in Melville”\$</b>  11 am <b>Bud Vase</b> <b>Arrangement</b>  1 pm <b>Scrabble</b>  5:15pm <b>Friendship Table</b> <b>Hosts Jim &amp;</b> <b>Dorothy Leonard</b>  7 pm <b>Mah Jongg</b>  7 pm <b>Fort Orange</b> <b>Singers</b>	11 am <b>Madison Hearing</b>  1 pm <b>Bridge</b>  1 pm <b>Dulcimer</b>  2:15 pm <b>Expressive Arts</b>  4 pm <b>Wine &amp; Cheese</b> <b>Party</b>  7 pm <b>Author Chris</b> <b>Ringwald</b>  7:30 pm <b>Poker</b>	10 am <b>Town Hall Meeting</b>  11 am <b>Luncheon at</b> <b>Yanni’s Too</b>  3 pm <b>Bible Study</b>  4 pm <b>Pub Night</b>  7 pm <b>Movie</b>	1 pm <b>Bridge</b>  7 pm <b>Mah Jongg</b>
27	28	29	30			
10:30 am <b>Mass</b>  2 pm <b>Pinochle</b>  2 pm <b>Chamber Music</b> <b>Series Union</b> <b>College</b>	8:30 am <b>Mass</b>  10am <b>Grocery</b>  1 pm <b>Bookmobile</b>  2 pm <b>Knitting/ Quilting</b> <b>&amp; Sewing</b>  3 pm <b>Contemplation</b> <b>Gathering</b>  7 pm <b>Bingo</b>	4 pm <b>TOPS Weight</b> <b>Loss</b>  7 pm <b>South Colonie</b> <b>Friends of Music</b> <b>Dance Band</b>	11 am <b>Bud Vase</b> <b>Arrangement</b>  1 pm <b>Scrabble</b>  7 pm <b>Mah Jongg</b>			